

Prepared By
Demo User
Ventura, CA 93110
Email: info@caresoft.us



Individual Name:	John Doe
UCI Number:	4356678
Service Coordinator:	Sandra Hillberg
Evaluator/Lead Instructor:	Shirley Fenmore

Address

Address:	1640 S. Sepulveda Boulevard
City:	Los Angeles
State:	CA
Zip:	90025
Home Phone:	888.432.6123
Cell Phone:	562.593.5253

INDIVIDUAL TREATMENT PLAN

ADMISSION DATE:1-2-03

DATE OF BIRTH: 3-12-69

DSM IV DIAGNOSIS

Axis I: Paranoid Schizophrenia 295.30

Axis II: Mild Mental Retardation 317

GROUP PARTICIPATION AND INITIAL ADJUSTMENT

John presents himself as pleasant, well mannered and alert. His affect seems forced and inauthentic at times. He enjoys attention and is good at making eye contact with peers and staff.

John has attended Care Treatment Program since January of 2003. John has made a positive transference and identification to the program.

John distances himself from his peers and group activities. Staff will redirect and invite John to participate in the group with his peers. He tends to be complaint when staff give him direction and typically responds by stating "Oh OK, OK, I will."

John struggles to cope with auditory hallucinations that by his report tell him he is a failure, dumb and to hurt himself. Some common themes that John talks about usually encompass issues of sexuality and relationships. John reports that he has never had sex and would like to find out what it is like . He also talks about how he would like to have a girlfriend.

He has a tendency to sit by himself and complain about his problems or fall asleep. Very often when John is depressed and feeling low, he will continue to display a smile on his face. His depression may be made up of a morbid self-hate tied to a perception of himself as retarded and dysfunctional.

It is apparent that John needs lots of attention and reassurance from staff and peers. He seeks support by repeating what was said to him by the exact words of the staff. No speil chcker

SUMMARY OF TREATMENT FOR GIVEN PERIOD

John's behaviors escalated dramatically during the first half of the month and known interventions did not help reduce the behavior. John was moved to a new group with a more experienced Job Coach during the second half of the month. This led to a reduction in behaviors and more goals being met.

Goals

Goal	Notes
John will eat his meals.	Please ask John to eat veggies first.
John will finish activities, projects, and job site requirements without being defiant.	John often becomes bored with group activities and attempts to create strife in the group.
John will remain calm and not become verbally aggressive.	Staff can tell that John might become verbally aggressive if his voice raises or he begins to clench his fists.
John will spend the entire 6 hours with his Day Program group without attempting to AWOL.	If John is bored he will often attempt to leave the home.
John will use appropriate words in a calm manner when he is angry or upset.	Responds well to being asked to use an "inside voice" instead of a loud one.

Housing

Rent: No
Section 8: No

Insurance and Payee

Primary Insurance: Blue Cross/Blue Shield
Dental Insurance: Guardian Preferred Network
Payee: Janet Doe
Medicaid Waiver: No
Conserved: No

Physical Information

Height: 6'1"
Weight: 230
Gender: Male
Race: Hispanic

Emergency Contact

Relationship: Mother
Name: Janet Doe
Home Number: 562.466.5643
Work Number: 562.339.2376
Cell Phone: 562.954.3678
Address: 359 E. 146 Street

Alternate Emergency Contact

Relationship: Father
Name: James Doe
Home Number: 562.449.7802
Work Number: 562.678.4355

Cell Phone:

562.765.2354

Address:

511 Hamilton Street

Interventions Used

Interventions	Successful	UnSuccessful
Engaged the consumer in an activity which involved building or coloring something.	7	1
Remain quiet and calm allowing the consumer to vent his frustration.	7	4
Asked the consumer to tell his peers about about a fun time in his life.	8	3
Pointed out how much more intelligent the consumer sounds when he uses his coping skills and appropriate words.	4	4
Encouraged his peers to convince him to participate and cooperate.	8	4
Encouraged the consumer to lead or teach his peers how to perform the task being asked of him.	3	4

Tasks Used

Category	Task	% Completed	Completed	Not Completed	Partial
Personal Hygiene	Hair Care	100%	1	0	0
Personal Hygiene	Combs own hair	100%	1	0	0
Personal Hygiene	Brushes own hair	100%	1	0	0
Personal Hygiene	Recognizes need to wash hair	100%	1	0	0
Personal Hygiene	Shampoos own hair	100%	1	0	0
Social Developments	Demonstrates recognition of personal information	100%	1	0	0
Social Developments	Provides personal information verbally upon request	100%	1	0	0
Social Developments	Writes personal information upon request	100%	1	0	0

Doctors

Dr Name	Type	Phone	Last Visit	Last Physical
Dr Joe	Dentist	805.205.3822	03/04/2014	
Dr. James	Cardiologist	562.649.9931	02/03/2014	03/12/2014
Dr. Walter Stowe	Internal Medicine Specialist	562.649.9931		
Dr. William Prescott	Endocrinologist	626.456.6789	04/25/2014	
Dr. Samuel Barnes Jr	Psychiatrist	805.555.5555	04/25/2014	05/07/2014

Medications

Name	Dosage	Interval
Simvastatin	20.0 mg	Morning, Bedtime, After Meals

Purpose: To lower cholesterol and keep arteries open

Side Effects: nausea, dry mouth, constipation

Lisinopril	20.0 mg	Morning, Evening
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Purpose: To lower blood pressure

Side Effects: headaches, drowsiness, nausea

Advair 550/50	500.0 mcg	Morning, Bedtime
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Purpose: To control asthma

Side Effects: headaches, severe asthma attack, shortness of breath

advil	400 mg	Noon
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Purpose: Pain and swelling

Side Effects: Upset stomach

Behavior Data

Behavior: Resistive/Uncooperative Behaviors

Total incidents: 95

Description

When John feels overwhelmed by an activity or a request he becomes defiant. John is very insecure about making a mistake so he would rather resist the task than try it. His behaviors include covering his ears to drown out his staff's request, attempting to AWOL, and hitting himself to divert attentions away from the task being asked of him.

Goals

Goal	Met	Partially Met	Not Met
John will finish activities, projects, and job site requirements without being defiant.	9	2	6

Interventions Used

Interventions	Successful	UnSuccessful
Encouraged his peers to convince him to participate and cooperate.	8	4
Encouraged the consumer to lead or teach his peers how to perform the task being asked of him.	3	4

Behavior: Verbally Aggressive

Total incidents: 95

Description

John will use profanity and make threats when he is frustrated or overwhelmed. This behavior may have a duration of 2-3 minutes. If he is interrupted the cursing and threats will last longer and will lead to property destruction.

Goals

Goal	Met	Partially Met	Not Met
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John will use appropriate words in a calm manner when he is angry or upset.	9	3	5
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Interventions Used

Interventions	Successful	UnSuccessful
Remain quiet and calm allowing the consumer to vent his frustration.	7	4
Pointed out how much more intelligent the consumer sounds when he uses his coping skills and appropriate words.	4	4

Behavior: AWOL/Elopement

Total incidents: 77

Description

When John becomes withdrawn and mumbles to himself this is a precursor to his attempt to AWOL. Staff should give John an activity which requires his presence in order to complete it such as, arts & crafts, writing a letter to his girlfriend, or telling fun stories about his previous placements.

Goals

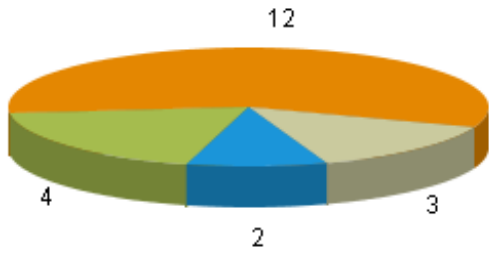
Goal	Met	Partially Met	Not Met
John will spend the entire 6 hours with his Day Program group without attempting to AWOL.	9	3	4

Interventions Used

Interventions	Successful	UnSuccessful
Engaged the consumer in an activity which involved building or coloring something.	7	1
Asked the consumer to tell his peers about about a fun time in his life.	8	3

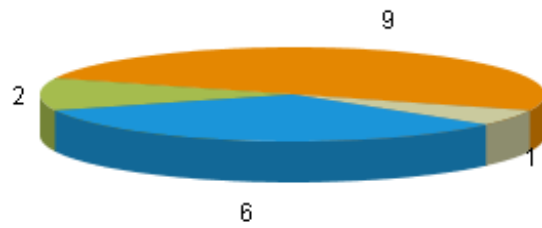
Goals Overall

■ Goals Met ■ Partially Met
■ Not Met ■ Not Applicable



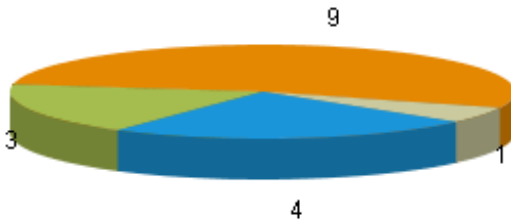
Goal - John will finish activities, projects, and job site requirements without being defiant.

■ Goals Met ■ Partially Met
■ Not Met ■ Not Applicable



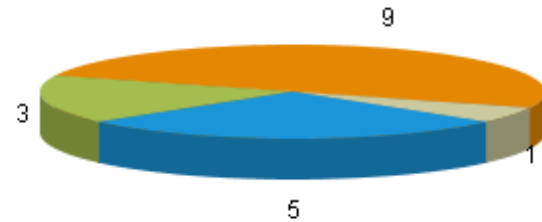
Goal - John will spend the entire 6 hours with his Day Program group without attempting to AWOL.

■ Goals Met ■ Partially Met
■ Not Met ■ Not Applicable



Goal - John will use appropriate words in a calm manner when he is angry or upset.

■ Goals Met ■ Partially Met
■ Not Met ■ Not Applicable



Goal - John will remain calm and not become verbally aggressive.

■ Goals Met

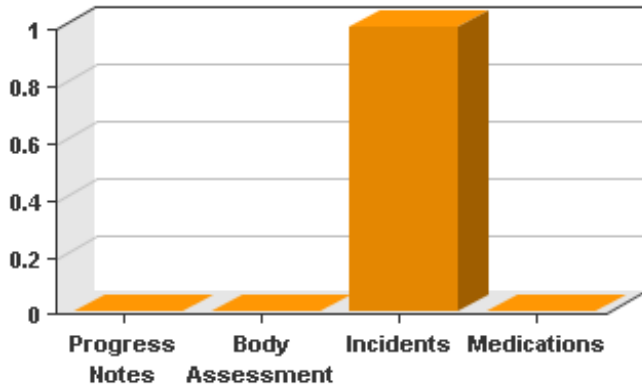


Goal - John will eat his meals.

■ Goals Met

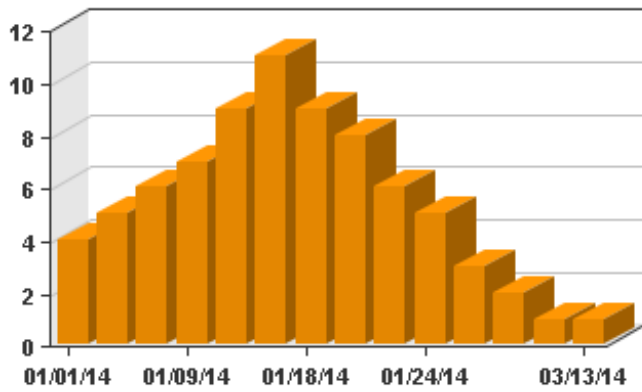


Urgent Entries

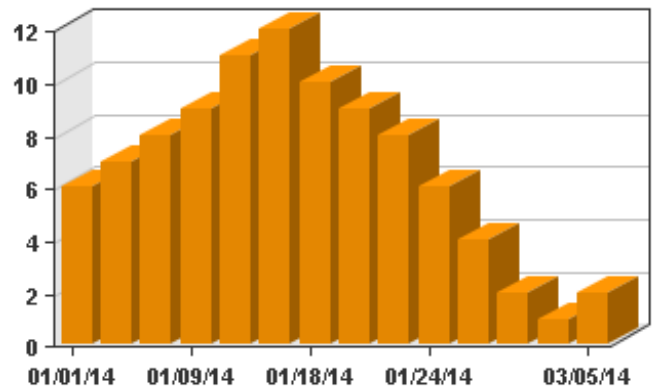


Behavior Data

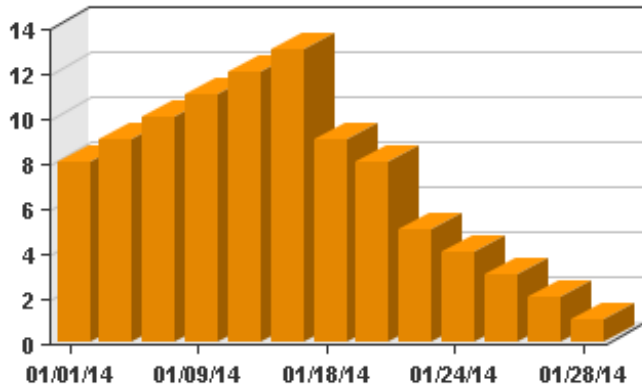
AWOL/Elopement



Resistive/Uncooperative Behaviors



Verbally Aggressive



Behavior Severity

AWOL/Elopement

■ No injury/damage due to behavior

